

## **“GET-IN” – GETting persons with disabilities Included in civil society and democratic life**

**10 -12 Giugno - Raffinerie Sociali, via Fagnano 30/2 e via Sostegno 41/1**

**Enti partenariato: ŽIR – Udruga “Život i Radost (Croazia - Ente Capofila), Zavod Sopotniki (Slovenia), Comune di Cavriago (Italia), Si Può Fare (Italia), RRA Srem (Serbia) e Leitrim Integrated Development Company (Irlanda).**

### **Obiettivi di progetto**

**OS. 1** Sensibilizzare e aumentare la consapevolezza sul contributo delle organizzazioni della società civile e dei volontari nel rafforzare le capacità di vita delle persone con disabilità e nel promuoverne l’inclusione nella vita democratica della comunità;

**OS.2** Sensibilizzare i cittadini sulle modalità di approccio alle sfide vissute dalle persone con disabilità in differenti contesti e condizioni (persone con background migratorio, giovani, anziani, ecc.) nei loro percorsi di integrazione, inclusione e partecipazione alla vita della comunità.

### **GIORNO 1 – Mercoledì 10 giugno.**

**Orario:** dalle 16.30 alle 19.15/19.30

#### **Via Giuseppe Fagnano 30/2, Torino – Raffinerie Sociali**

16.30 – 17.00 | Accoglienza presso Raffinerie Sociali

17.00 – 18.00 | Saluti istituzionali. Presentazione del progetto europeo “GET-IN” e dei partner di progetto; presentazione dell’Associazione Si Può Fare e dei progetti realizzati nell’ambito della disabilità, con un accenno alle attività dell’area sociale; proiezione del video “Motore di Ricerca”.

18.00 – 18.15 | Coffee break

18.15 – 18.45 | Attività di brainstorming partecipativo con utilizzo di Mentimeter o strumenti analoghi

18.45 – 19.15 | Presentazione dello spazio Raffinerie Sociali e delle attività

Dalle 19.15 | Cena buffet con presenza di Radio Baraccone13



101252453 — GET-IN (GETting persons with disabilities INcluded in civil society and democratic life)

## **GIORNO 2 – Giovedì 11 giugno**

**Orario: 9.30 - 18.45**

### **Via Sostegno 41/1, Torino**

9.30 – 10.00 | Ritrovo in via Sostegno e accoglienza

10.00 – 11.00 | Presentazione Progetto IndiUP e presentazione della metodologia della Vita Indipendente, giro della casa. Idea di coinvolgere i/le ragazzi/e, in particolare Alice (che parla inglese).

11.00 – 11.15 | pausa

11.15 – 12.00 | Attività di gruppo: Le Commissioni nel Quartiere

12.00 – 12.30 | Brainstorming e confronto di gruppo

12.30 – 14.30 | Pranzo Buffet

14.30 | Presentazione dell'attività di gruppo, suddivisione dei partecipanti tra i vari gruppi laboratoriali. Laboratori: Cucina; Creativamente; Fotografia; Orto.

15.00 – 16.30 | Prima parte laboratori

16.30 – 16.45 | pausa

16.45 – 18.15 | Seconda parte laboratori

18.15 – 18.45 | Presentazione del lavoro svolto e follow up esperienza

## **GIORNO 3 – Venerdì 12 giugno**

**Orario: 9.30 - 12.00**

### **Via Giuseppe Fagnano 30/2, Torino – Raffinerie Sociali**

9.00 - 9.30 | accoglienza Raffinerie

9.30 - 10.30 | Gioco da tavolo - I Diritti delle Persone con Disabilità.

10.30 - 10.45 | Pausa

10.45 - 11.15 | Brainstorming finale gioco

11.15 - 11.45 | Brainstorming finale delle tre giornate

11.45 - 12.00 | Questionario europeo e organizzazione terzo evento (Irlanda)

12.00 | pranzo





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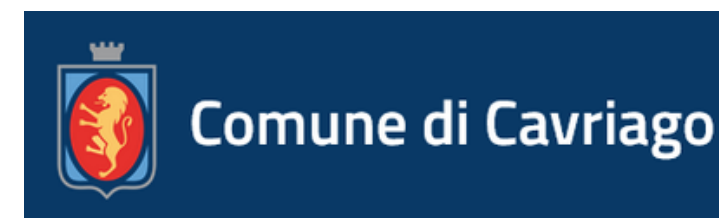
# Event in Torino

Project “**GET-IN - GETting persons with disabilities  
INcluded in civil society and democratic life**”

ref: 101252453

**APS Si Può Fare**

Date: 10.06.2026.

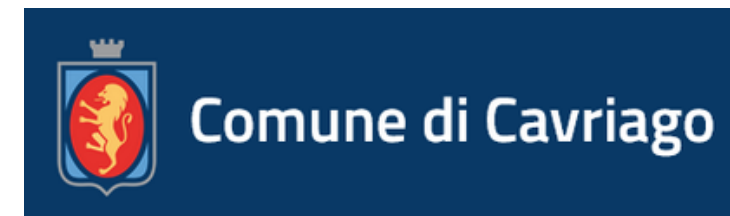




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# Project basics

- The project has been approved for a grant worth **€129,510.00** under the Citizens, Equality, Rights and Values (CERV) Programme under the call **“To foster Citizens’ engagement and participation”**
- **Project purpose:**
  - to enhance citizen engagement in civil society actions and the democratic processes that enhance equal opportunities and social inclusion of PwDs (persons with disabilities), and foster deeper understanding of the EU's policy and democratic challenges connected to their rights
- **Duration:** 01.01.2026 – 31.12.2026 (24 months)

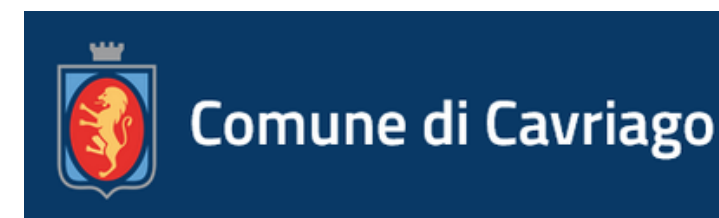




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# Project basics - Partnership

- **Lead partner:** Udruga „ŽIR” - "ZIVOT I RADOST", UDRUGA ZA DJECU S TESKOCAMA I OSOBE S INVALIDITETOM
- **Partners:**
  - Zavod Sopotniki, zavod za medgeneracijsko solidarnost (SI)
  - Comune di Cavriago (IT)
  - Associazione di Promozione sociale Si Puo Fare (Si Puo fare), IT
  - Regional Development Agency of Srem LTD Ruma (RRA SREM), RS
  - Leitrim Integrated Development Company Company Limited by Guarantee, IRE



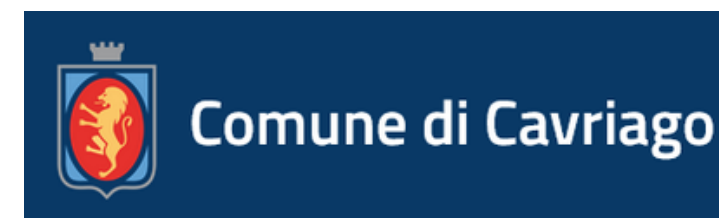


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# Project basics – Main activities

The project is broken down into 6 3-day events. **Scheduling:**

- 1) **Kick-off event** in Croatia (in Cestica, Vinica, Ludbreg); March 24th – 26th 2026:  
Theme: Creating equal opportunities in education in rural areas for persons with disabilities
  
- 2) **Event 2 in Torino/Turin, Italy, June 10th to 12th, 2026**
  - Theme: Promoting independent living in the community among persons with disabilities and those facing intersectional discrimination
  
- 3) **Event 3 in Leitrim, Ireland, October 13th to 15th, 2026**
  - Theme: Enhancing access to the job market for persons with disabilities





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# Project basics – Main activities

## Scheduling:

### 4) **Event 4 in Sežana and Brkini, Slovenia; April 2027:**

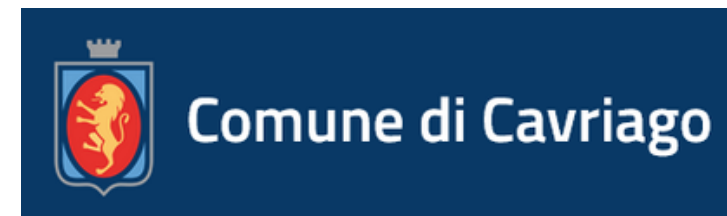
- Theme: Intergenerational solidarity as a means to ensure equal access to services and connect persons from different generations

### 5) **Event 5 in the Srem Region in Serbia, June 2027**

- Theme: Ensuring social inclusion in civil protection and education for persons with disabilities

### 6) **Event 6 (Final event) in Cavriago, Italy, October 2027**

- Theme: Addressing the mental well-being of the most vulnerable in the community – persons with disabilities and their families

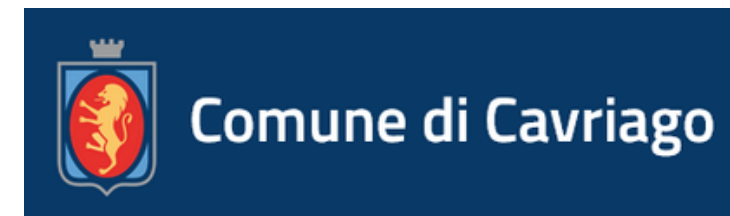




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# Project results and impacts

- Enhanced capacities among representatives of CSOs, public bodies and citizens to prepare and participate in actions that contribute to creating equal opportunities for persons with disabilities;
- Improved awareness among citizens about how EU policies/values (solidarity, inclusion, diversity) positively impact the quality of life
- Enhanced cooperation among CSOs and local governments over the long-term in engaging citizens to address the needs of persons with disabilities

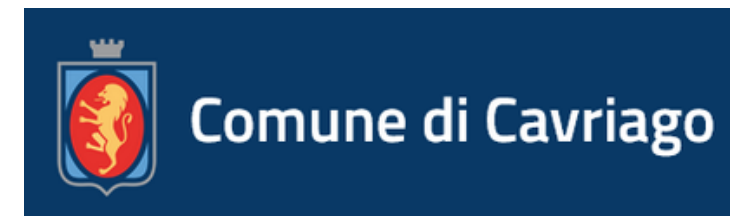




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# AND NOW...

# PARTNER'S PRESENTATION





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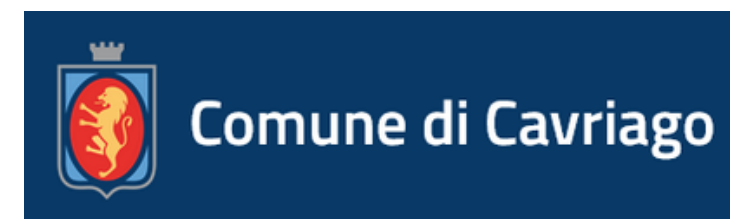
# Thank you for your attention!

Presenter: Giulia Scuz

Email: [giuliascuz@associazionesipuofare.org](mailto:giuliascuz@associazionesipuofare.org) (Giulia Scuz)

[info@associazionesipuofare.org](mailto:info@associazionesipuofare.org)

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**Si  
PUÒ  
FARE**

# **IndiUp – Vivere l’Indipendenza**

**“Training pathways for autonomy and independent living for people with intellectual disabilities**



**Finanziato  
dall’Unione europea**  
NextGenerationEU



**CITTA' DI TORINO**

# Partnership

APS Si Può Fare was founded in 2012 with the aim of promoting the inclusion of people with intellectual disabilities by fostering the development of personal, work-related, and housing autonomy. Its social mission is based on designing pathways and supporting the creation of an independent life project that helps people with disabilities become aware of themselves as adults with rights and responsibilities.

The association works on multiple fronts that embrace the individual as a whole: recognition of adulthood, development of the skills necessary for autonomy, and support for parents in preparing for their son's or daughter's growth journey.

A sports and social promotion association whose aim is to extend the right to sport to all citizens. Sport for all is a social good that concerns health, quality of life, inclusion, education, and relationships between people, at every stage of life.

The mission of Associazione Piazza del Lavoro is to promote and implement tools for assistance and social solidarity, with particular attention to the field of employment, fostering genuine solidarity among people and the holistic development of the individual in every aspect, dimension, and stage of life.



# The project

**IndiUp – Living Independence** is a project aimed at **6 people with intellectual disabilities and their families/caregivers**, with the goal of supporting them in building a pathway toward Independent Living.

The project is structured around **five areas**:

1. **Housing** – residential inclusion and experimentation with home autonomy (cleaning, cooking, shopping, managing time and daily commitments).
2. **Work and Skills** – career guidance and job training, group workshops, and digital literacy.
3. **Personal and Relational Development** – development of life skills and soft skills, emotional well-being, and social inclusion.
4. **Parenting and Support Network** – discussion meetings, psychological support, and tools to help families support their loved ones toward autonomy.
5. **Socialization** – group activities, creative workshops, sports, outings, and events to encourage interaction and a sense of belonging.



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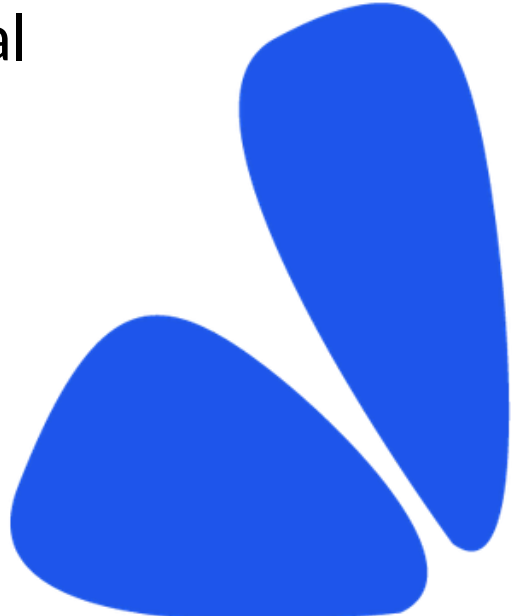
The activities take place at the facility located at Via Sostegno 41/1, dedicated to independent living inclusion, and partly at Raffinerie Sociali in Via Fagnano 30/2.

### Specific Objectives

**SO.1** Promote the individual growth of people with intellectual disabilities in order to achieve greater personal, work-related, and housing autonomy and independence through the strengthening of competencies, life skills, and soft skills.

**SO.2** Increase opportunities for social inclusion, socialization, and peer exchange, while at the same time strengthening relational skills, especially for those experiencing or at risk of isolation and social vulnerability.

**SO.3** Expand the tools available to parents/caregivers to support people with mild to moderate intellectual disabilities on their path toward independent living.



# “Independent Living Pathway”

- **Assessment and co-design:** individual interviews to get to know the person, assess skills and levels of autonomy, and define personalized short-, medium-, and long-term goals. Continuous monitoring and review with the educator.
- **Residential inclusion experiences:** guided shared-living experiences to foster autonomy in household management, self-care, and daily organization.
- **Autonomy workshops:** practical activities such as radio, cooking, photography, gardening, and horticulture.
- **Career guidance:** interviews, skills assessment, definition of professional goals, CV writing, and training sessions.
- **Digital facilitation:** use of PCs, tablets, and smartphones to develop technological autonomy and online safety.
- **Social inclusion:** events, local outings, and participation in cultural and sports activities.
- **Psycho-emotional well-being:** individual and family psychological support, and education on relationships, affectivity, and sexuality.
- **Parenting support:** programs such as Circle of Security Parenting and independent living workshops.





# Indipendent Living Project

A personalized pathway that, starting from the individual's characteristics (abilities, needs, and limitations), defines short-, medium-, and long-term autonomy goals in the personal, social, work-related, and housing domains.

It is co-designed together with the beneficiary, family members, and caregivers, and serves as a flexible tool that is periodically updated through monitoring and review sessions.

The team oversees guidance, support, and coordination with the family and educational support network.

Assessment is carried out using competency grids, checklists, individual and family interviews, group meetings, as well as specific tools such as the Quality of Life Scale (QOLS), the Sat-P test, and semi-structured interviews.



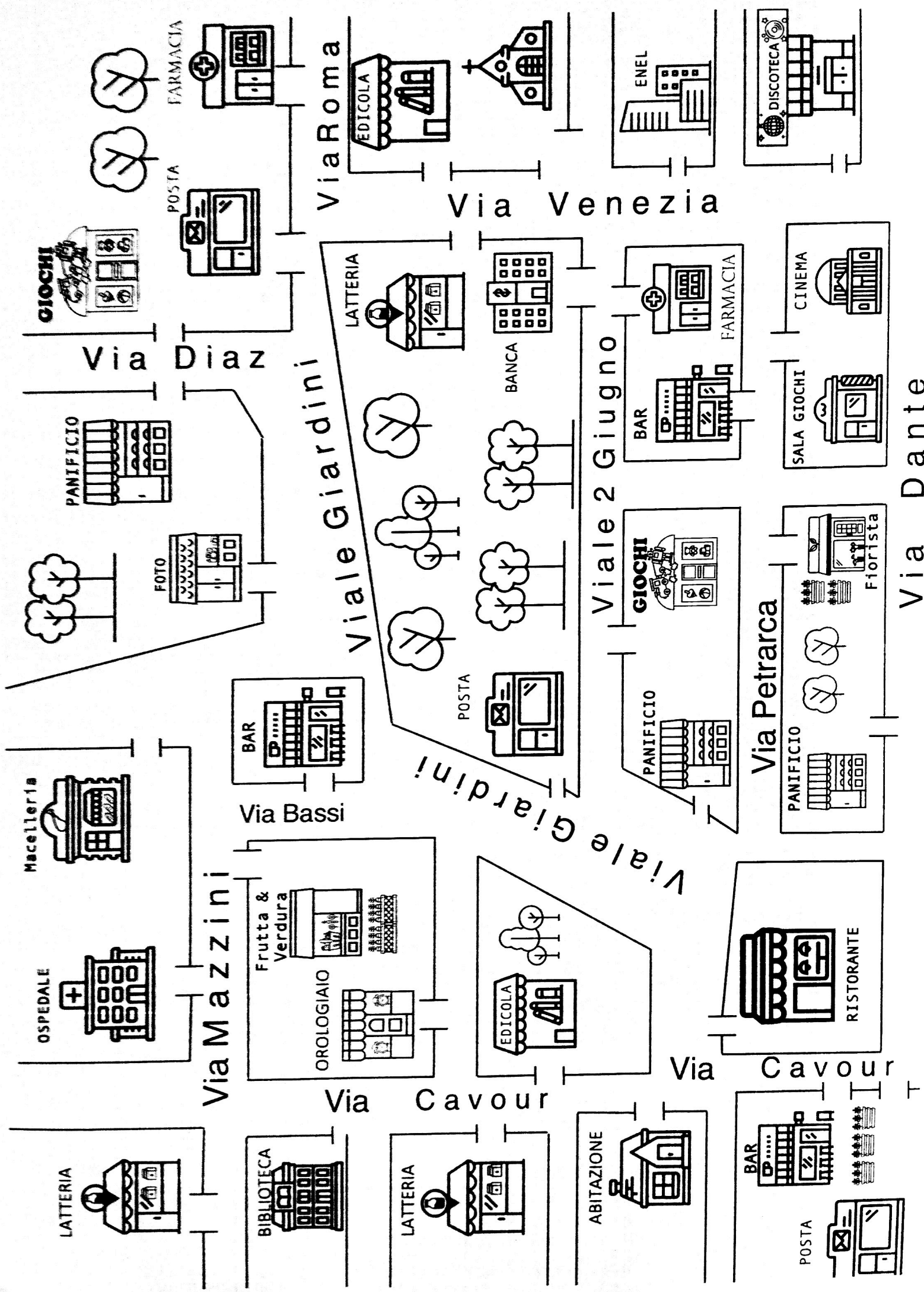
The logo consists of the words 'Si PUO FARE' in a white, stylized, hand-drawn font, arranged vertically within a red speech bubble shape.

# EQUIPE

1. **Social workers/Professional educators:** development and monitoring of the Independent Living Project, case management, educational support, support for independent living, support for socio-economic inclusion, and delivery of informational and training meetings.
2. **Healthcare professional qualified as a nurse.**
3. **Ethno-psychologist/Psychotherapist:** psychological support and parenting support, with the possibility of activating dedicated pathways for foreign participants involved in the project.
4. **Employment operator/tutor.**
5. **Sports instructors.**
6. **Lawyer (on a voluntary basis).**

The project also involves **volunteers and civil service participants** engaged in support and accompaniment activities aimed at fostering beneficiaries' autonomy, as well as assistance with the management and supervision of daily activities to ensure a constant staff presence at the facility.





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## **ORIENTATION, PLANNING AND ORGANIZATION TEST**

Imagine having an entire morning to run a list of errands. You are ready to leave home. You must be back by 12:30, trying to complete all the tasks. Using the city map, organize your morning. Write the errands in the order you would do them, so that you can complete all of them, and indicate the street and the shop/place where each errand will be carried out.

- a) Pay the electricity bill at ENEL or at a post office (Post Office opening hours: 8:00–13:00);
- b) Go to the bank and withdraw the money needed to pay the bill (Bank opening hours: 9:00–13:00);
- c) Buy bread and biscuits;
- d) Go to the dairy shop to buy milk and cheese;
- e) Buy a newspaper;
- f) Visit a friend in hospital (visiting hours: 11:00–14:30);
- g) Pick up the photographs to take to your aunt in hospital;
- h) Buy medicine at the pharmacy;
- i) Pick up the watch from the watchmaker;
- l) Buy a toy for your grandson's birthday.

## Map – English Labels

Farmacia → Pharmacy

Posta → Post Office

Edicola → Newsstand

Chiesa → Church

ENEL → ENEL / Electricity Office

Discoteca → Disco

Cinema → Cinema

Sala Giochi → Arcade

Bar → Bar

Banca → Bank

Latteria → Dairy Shop

Panificio → Bakery

Foto → Photo Shop

Macelleria → Butcher

Ospedale → Hospital

Frutta & Verdura → Fruit & Vegetable Shop

Orologiaio → Watchmaker

Biblioteca → Library

Abitazione → Home

Ristorante → Restaurant

Giocattoli → Toy Shop

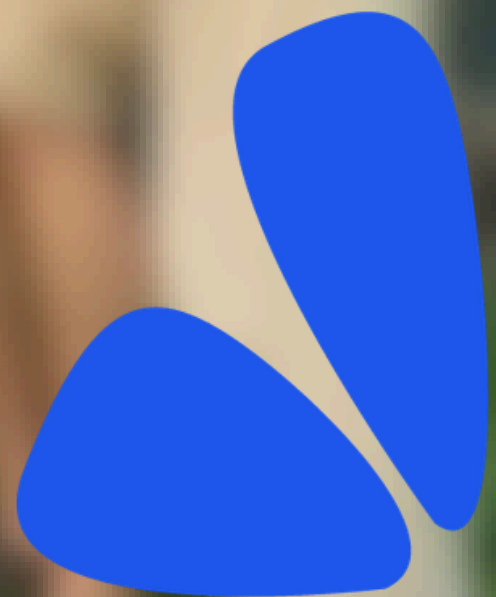


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**APS Si Può Fare**

2026 - Torino





# Who We Are and Our Mission



Si Può Fare is a Social Promotion Association founded in Turin in 2012 with the aim of promoting integration and wellbeing for people with vulnerabilities, supporting the development of personal, work and housing autonomy.

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# A Community Network - People-centered approach



**89**

**Members**

The driving force of the  
association

**57**

**Volunteers**

In 2025, they contributed  
7,542 hours of volunteer  
time

**25**

**Professionals**

Educators, social  
workers, psychologists,  
mediators and  
administrative staff

**200+**

**Direct Beneficiaries**

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# We Work with People in Situations of **Vulnerability**



People with  
intellectual  
disabilities and their  
families.



Migrants experiencing  
socio-economic or  
housing difficulties.



People with  
complex and  
difficult life  
experiences.

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# Our Approach: Co-designing Independent Life Projects

Inspired by the UN Convention on the Rights of Persons with Disabilities.

The co-design of Independent Life Projects is a key tool supporting young people with intellectual disabilities in achieving personal, work and housing autonomy, strengthening empowerment and self-determination.



Our autonomy projects focus on:



Housing



Working



Social  
Inclusion



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# Il Cantiere della Vita Indipendente

The project responds to the needs of young adults with mild to moderate intellectual disabilities by offering opportunities to experiment with independence and self-determination in everyday life. The project develops through guided co-living experiences in apartments managed by the organisation



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# Weekly Workshops

Cooking

Travelling

Creativity

Photography

Gardening

Job counselling

Debating

RADIO BARACCON£13

Independent Living Workshops





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# Other projects

- **Radici di autonomia:**

Support and guidance actions aimed at promoting autonomy for people with intellectual disabilities and their families/caregivers through the development of personalised pathways.

- **Job Revolution (lavoro):**

Employment inclusion project for people with disabilities based on personalised pathways, training, skills certification and job placement support.

- **Laboratori di Vita Indipendente (Famiglie):**

Training activities focused on providing families/caregivers of people with disabilities with the tools needed to develop Independent Living Projects.

- **Indiup - Vivere l'Indipendenza:**

Project addressed to 6 people with intellectual disabilities and their families/caregivers. The programme develops personalised pathways starting from each person's characteristics (skills, needs and limitations) in order to define short-, medium- and long-term autonomy goals in the personal, social, employment and housing areas.

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# Aps "Si Può Fare"

## Projects Promoting Independent Living and Housing Independence

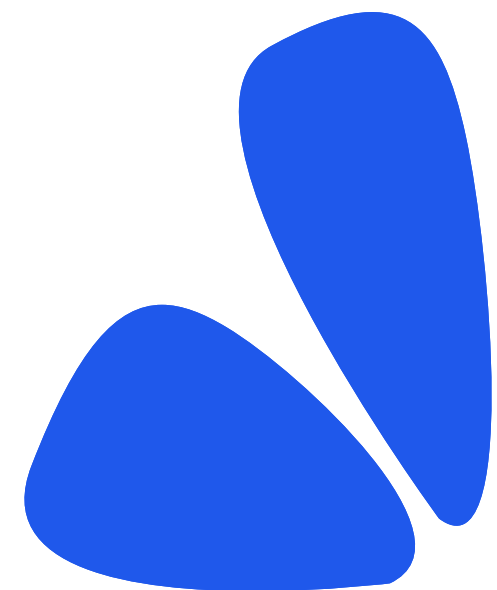
Motore di Ricerca - Comunità attiva  
Produced as part of the Cinema Plurale 9.0 project.

Project curated by the Associazione Museo Nazionale del Cinema

With support from the City of Turin

Video by Angelo D'Agostino and Irene Conti Mosca

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# Aps "Si Può Fare" ONLUS

**Progetti di autonomia abitativa e vita indipendente**





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[www.associazionesipuofare.org](http://www.associazionesipuofare.org)

via Fagnano 30/int. 2, Torino

Tel. 348/2650808

📷 [aps\\_sipuofare](https://www.instagram.com/aps_sipuofare)

